

Intro Slide:

Introduce yourself, briefly (2 minutes or less) introduce AKB if your audience is unfamiliar with our organization.

Slide 2 & 3: What is trauma?

Goal: Get audience talking and engaged with questions that prompt empathy & tuning in.
Goal: Introduce concept of trauma's effect on how a survivor experiences the world

Slide 4: How widespread is trauma?

Do not camp out on these statistics. Simply use them to emphasize that trauma is extremely prevalent, so no one in the room is exempt from needing this content.

Slide 5: Trauma disrupts all aspects of typical development

Emphasize the impact of trauma & mention ACES discovery of physical/mental health. Direct participants to printed ACEs handout as a take home resource for continued learning.
What are ACEs handout (*download & print in advance*)

Slide 6: Brain Scan

Big Picture: Trauma is not only a subjective experience. It has objective, measurable effects on brain development. Both abuse & neglect are gravely detrimental to children.

Slide 7: Trauma May look like

Spend real time on the questions for the audience. Allow silence and aim for a few different responses and some time to dialogue about what these behaviors look like and what may be fueling them.

Slide 8: How can I help?

Applying this trauma informed lens is the goal! Begin to encourage audience to apply this when thinking about behaviors previously listed or seen in their own home.

Slide 9: Possible Needs

Briefly mention each example as real needs, not "nice luxuries".

Slide 10: Let's talk about the brain

Choose video based on time available. The Brain Builders video is preferred if only one is shown. Also feel free to skip this slide all together if you do not have time or technology for videos. Let these videos do the heavy lifting and bring it all together for you!

If you are planning a break in your presentation, this is a good point to take it

Slide 11: Ten Therapeutic Responses & Mindful Skills

Transition Slide - Spend minimal time here since all 9 points are explained in more depth after.

Slides 12-21:

We color coded examples in the notes for caregivers (red) and church (blue) settings. If you have examples that are more tailored to your audience, church, and/or personal experience, feel free to swap those in! Again, applying the lens is the goal - get creative! Leave time for questions after each response/skill to make sure they are clear.

Slide 18: Time IN vs Time OUT

Karyn Purvis Video is 4:14 minutes long.

If there is time this could be a good moment to plug Empowered to Connect as a resource.

Slide 21: Identify feelings and use words

Direct audience to feelings chart handout after presenting this slide.

Soul Words Handout (download & print in advance)

Slide 22: Summary Road Map

End on a hopeful note by encouraging your audience that they are equipped to do this and that it will be impactful for kids from hard places. Emphasize that becoming trauma informed is an ongoing process and they are welcome to follow up with you for further conversation, clarification, or additional resources. Provide your contact info at this point if you have not included a business card in their packet.